

North Versailles Township Senior Connection Newsletter - February 2022

Bringing the Community Together Through Events, Activities, and Friendship



Happy February! As we embrace this month filled with warmth and love, we want to take a moment to remind you of the importance of connection and support in our lives. February not only gives us a wonderful opportunity to celebrate our connections, but it is also American Heart Month—a time to raise awareness about heart health and the importance of staying informed about cardiovascular wellness. To learn more about heart health and how to keep your heart in great shape, visit the American Heart Association at heart.org.

In the spirit of this important occasion, we have scheduled a Heartsaver CPR AED course this month. Knowing how to perform CPR can literally save lives in emergencies, and it's a skill that everyone should have. Whether you're a parent, a caregiver, or simply want to be a responsible community member, learning CPR equips you with the tools to help in critical situations.

Let's dive into a February packed with joy, laughter, and warmth, as we make our health a top priority together.

Upcoming Events

1. Join Michael Logan for the Heartsaver CPR AED Course!

Date: Thursday, February 19th

Time: 1:00 pm - 3:00 pm

Where: Lower level of Praise Assembly across from the library

Are you ready to make a difference? For just \$20, which covers the cost of your certification card, you'll learn essential lifesaving skills, including CPR and first aid. In this training, you will learn how to:

- Recognize the signs of a heart attack or stroke
- Perform Adult CPR and use an AED
- Provide choking assistance for individuals of all ages
- Understand drowning response and prevention
- Handle opioid-related emergencies
- Perform child CPR, AED, and Infant CPR

Don't wait—take action now! **To sign up, please contact the North Versailles Library at 412-823-2222 by February 13th.** Your \$20 investment could save a life!

2. Coffee and Canvas Event

Date: Saturday, February 21st

Time: 1:00 pm - 3:00 pm

Where: East Allegheny High School

RSVP: 412-823-6602 ext. 104 or nvtparksandrec@gmail.com

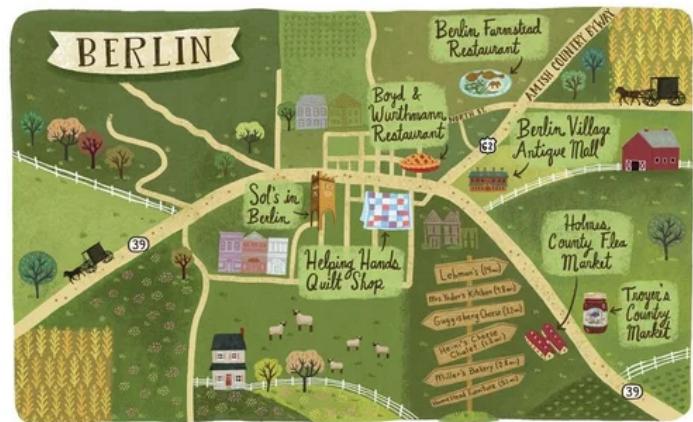
Come join us for a fun-filled Coffee and Canvas event, where you can let your creativity shine! We'll guide you through a super fun step-by-step painting session, and don't worry, we've got all the painting supplies you'll need. Enjoy some complimentary beverages while you paint and chat with friends, old and new. It's all about good vibes, laughter, and making something beautiful to take home with you! We can't wait to see the masterpieces you'll create!

3. Amish Shopping Trip in Berlin, OH

Date: Saturday, April 25th

Get ready for a delightful day jaunt to the enchanting Amish country! Dive into a wonderland of handmade crafts, scrumptious baked treats, and genuine Amish goodies, all while basking in the idyllic countryside views. The adventure's price tag is just \$140.00, but don't dawdle—**we only have 15 seats and the sign-up cutoff is March 1st.**

We'll kick off this escapade at 7:00 a.m. from Kohl's in Monroeville and wrap up by 9:30 p.m. **If you're interested in joining, please call Commissioner Beswick at 412-709-1991 or email her at igbeswick66@gmail.com.** All aboard for a day of Amish awesomeness!



Ongoing Programs

- Book Club:** Join us on February 12th at 11:00 a.m. for an engaging book club at the North Versailles Library, located at 245 Foster Road on the lower level of Praise Assembly. You can access the library from the side of Lot B. This month, we'll be discussing "James" by Percival Everett, an exciting reimagining of classic themes from Mark Twain's "Huck Finn." The novel follows James, a young Black man on a transformative journey that explores identity, race, and the pursuit of freedom in today's world. Everett's writing draws readers into James's emotional experiences, filled with suspense and personal challenges. The story culminates in a powerful ending that offers both resolution and thought-provoking questions. If you enjoyed "Huck Finn," you'll love the modern twist presented in "James"! For more details, feel free to contact the library at 412-823-2222.
- Senior Bingo:** Join this group every Thursday, except on holidays, at the Crestas Terrace Volunteer Fire Hall, 2304 Crestas Avenue, for a fun time together. Please arrive by 10:30 am to collect your bingo papers and secure a seat. They will be thrilled to see you there! For more information, call 412-979-1604.

Community Resources

- **Heritage Community Transportation:** Transportation to appointments and grocery trips. Adults 65+ Get the Free Blue Card. With this card, you can ride free. Applications are available by mail. Call 412-351-2200 for more information.
- **East Allegheny Meals on Wheels:** Enjoy delicious, nutritious meals delivered to your door for residents who are unable to shop or cook for themselves, available on a permanent or temporary basis. Don't hesitate to call 412-327-6908 to get started!
- **MA's Pantry** provides vital food to those who need it most while nurturing a warm, welcoming community for everyone facing food insecurity. To sign up, please arrive on any distribution date between 9:00 am and 11:00 am. They are located in the lower rear of the former Broadway Alliance Church at 1000 Broadway Street in East McKeesport. Upcoming distribution dates are: February 7 and 21. For more information, visit their website at www.maspantry.org, call 412-824-0277, or follow them on Facebook.
- **Essential Tax Assistance Programs for Seniors and Low-Income Families:** The 211 Senior Tax Program is an invaluable resource that provides information on free tax preparation services specifically tailored for seniors. To contact this program, simply call 211 or visit their [website](#) to find local information about available services in your area. They can connect you with trained volunteers who understand the specific tax needs of seniors, ensuring you receive the assistance you need to file your taxes accurately and on time. If you have any questions, the representatives are available to help guide you through the process.

The AARP Foundation Tax-Aide program provides free tax preparation and filing assistance for low- to moderate-income individuals and families. Operated by trained volunteers, it helps maximize refunds and minimize tax liabilities for people of all ages. With locations nationwide, it offers a supportive environment to make tax filing easier. For local site information and service details, visit the [AARP website](#) or call 1-888-227-7669

In addition to these services, Senator Pisciottano's office assists with filing Property Tax/Rent Rebates at all its locations. The phone number for his McKeesport office is 412-664-5200, while his number for the Monroeville office is 412-380-2242. Notably, residents can receive help every Wednesday from 9 AM to 4 PM at the North Versailles Municipal Building, ensuring that seniors have access to the support they need during the tax season.

Spotlight: Senior of the Month



Introducing Ann Patterson. We are thrilled to shine a spotlight on Ann Patterson, a remarkable member of our community who has dedicated an impressive amount of time to supporting those in need. Ann has been a member of Newborns in Need, a national organization, for about 20 years and is currently serving as its president. Newborns in Need has been instrumental in providing essential items such as clothing, blankets, diapers, and wipes to infants who need help. In addition, the organization offers burial gowns upon request, providing compassionate support during the most difficult times.

Ann's commitment to helping others extends beyond [Newborns in Need](#). Since joining the Pittsburgh Mothers of Twins, Triplets, and Quads in 1983 when her twins were 3 weeks old, Ann has been an active member for nearly 30 years, finding community and support among fellow parents. Although she took a brief break during nursing school and her early nursing career, the journey continued, culminating in 25 years of experience as a nurse specializing in mother/baby and pediatric medicine.

Recently, Ann has also joined the Nurses Honor Guard, a special group that pays tribute to the lives and services of fellow nurses at their funerals. This heartfelt commitment reflects her deep respect for the nursing profession and the community it serves.

In addition to these roles, Ann volunteers with MA's Pantry, which serves the North Versailles and East McKeesport areas.

When not busy serving the community, Ann enjoys delving into the world of reading, card making, and quilting, showcasing a creative side that enriches life.

Thank you, Ann, for your unwavering dedication! Your work is truly inspiring, and it positively impacts many beyond our community.

If you know someone in our community who deserves a spotlight, we want to hear from you! Please email us at lgbeswick66@gmail.com with details about this remarkable individual. Let's celebrate those who inspire and uplift us! Your nominations help us shine a light on the amazing people around us!

Stay Connected

For more information, visit our website at [nvtpa.com](#) or call us at 412-823-6602.

Follow us on [Facebook](#) for updates and photos from recent events.

Next Issue Preview

- Mastering the Essentials: Wills and Estate Planning Insights with Richard Catalano, Esquire
- Grow and Thrive: A Journey into Gardening
- Join us for "Night at the Races" on Saturday, March 14th, at the Pitcairn Monroeville Sportsmen's Club! This adult-only event will kick off at 6:00 PM, and admission is just \$20. Enjoy a fun-filled evening with simulated horse racing, all to support the East Allegheny Varsity Baseball Team. To purchase tickets, please reach out to a baseball parent, visit the [East Allegheny Wildcats Varsity Baseball Facebook](#) page, or text Tracy Yusko at 412-303-6252. Mark your calendars for a night of fun and community!!

Together, building a vibrant and caring community for all seniors.